

CSC Advanced Training 2023/2024



Course Information Pack

Course Information

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Contact Details

Teaching Faculty & Tutors

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|------------------------|--------------|--|
| ▪ Gaye Donaldson | 07810 434699 | gaye@thecsc.net |
| ▪ Chris Williams | 07905 623330 | chris@thecsc.net |
| ▪ Sheila McCarthy-Dodd | 07875 708604 | sheila@thecsc.net |

Course Support People

To be confirmed

Administrative & Finance Enquiries

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|--------------------------------------|--------------|--|
| ▪ Hannah Cox, Course Manager | 07929 313976 | courses@thecsc.net |
| ▪ Magda Nowakowska, Business Manager | | magda@thecsc.net |

Course Support People

The course will be supported by two course people who will be at every module to help support both the teachers and of course you the students. The role is in the form of a voluntary internship at CSC and is available to graduates who have completed the Foundation or Applied Training in the past and would like to continue to develop their knowledge and experience of systemic constellation work.

The course supports will ensure smooth continuity between modules, teachers, and will be there to assist you and your needs if needed.

If you would like to put yourself forward as a Course Support Person in the future, please email the office to let us know and we will put you on the list.

A Note About Privacy

During the first module, we will establish a confidentiality contract. This will be agreed by the group and will be binding.

We will also ask you if you are willing to share your contact details with the rest of the group. This enables peer practice groups to be established and group sharing to occur. These details are only to be used regarding the course and are NOT to be used to promote yourself, your work or anything else. We'll also ask for permission to use the group photo at the end of the course on our website, newsletter and social media. Please do not join the photograph if you do not wish to be publicly included.

Dates, Times & Venue

- ◆ This course is a 4 module training, with additional zoom sessions
- ◆ 4 three-day face to face teaching modules (spread over a year)
- ◆ 3 one-day online teaching modules, including teaching, supervision and experiential learning
- ◆ 2 one-to-one hours of personal coaching/tutorials

If you are going to be late for any of the modules, please contact one of our course supports to let them know. Please wait until the meditation is over before you enter the room.

Module/Zoom Session	Date(s)	Time	Day(s)	Facilitator(s)
Introductory Zoom session	5th June 2023	4pm-6pm	Monday	Gaye, Chris, Sheila
Module 1 Bristol	21-23 June 2023	9.30am-5:30pm	Wed - Fri	Gaye
Zoom Session 1	28th July 2023	9.30am-5.30pm	Friday	Sheila
Module 2 London	14-16 Sept 2023	9.30-5.30pm	Thur - Sat	Chris
Zoom Session 2	20th Oct 2023	9.30am-5.30pm	Friday	Sheila
Module 3 London	9-11 Nov 2023	9.30am-5.30pm	Thur-Sat	Chris
Zoom Session 3	29 th January 2024	9.30am -5.30pm	Monday	Sheila
Module 4 Bristol	6-8 Mar 2024	9.30-5.30pm	Wed-Fri	Gaye (Chris, Sheila)

Venues

London Venue: St Andrews Church, Short Street, London, SE1 8LJ. T: [020 7633 9819](tel:02076339819);
E: bookings@stjohnswaterloo.org

Bristol Venue: Centre for Whole Health, 12 Victoria Place, Bristol BS3 3BP
Email: [Contact - The Centre for Whole Health](mailto:Contact-The-Centre-for-Whole-Health@theccsc.net) - Tel: 0117 923 1138

Zoom Session 1 (2 hours)

Gaye, Chris & Sheila

- Introductions
- Preparation
- Intention Setting

Module 1 (Bristol Venue)

Gaye

<ul style="list-style-type: none"> ▪ Beginnings – How do we face beginnings?
<ul style="list-style-type: none"> ▪ The Step Beyond Family Loyalty - <i>What does the Conscience of the greater Whole ask of us as facilitators and why</i>
<ul style="list-style-type: none"> ▪ Working with Liminal Space - <i>An exploration of threshold and transition and how we resource in order to use this space creatively, without fear</i>
<ul style="list-style-type: none"> ▪ Miracles vs Matter - <i>Exploring the implicit tensions when working simultaneously in both the tangible and intangible dimensions</i>

Zoom Session 2

Sheila

- **Supervised Learning through Practice**

Module 2

Chris

<ul style="list-style-type: none"> ▪ Trauma and How to Avoid Re-Traumatisation - <i>An in-depth look at what must be understood and included in order to work safely</i>
<p>An Introduction to Working with the Five Realms - <i>An introduction to the 5 Realms and how to include the realms to identify what is needed.</i></p>

Zoom Session 3

Sheila

- **Supervised Learning through Practice**

Module 3 (London Venue)

Chris

<ul style="list-style-type: none"> ▪ Radical Inclusion in a Changing World - <i>Looking at difference, diversity, nature and culture and what is asked of us as Constellators in this time of rapid change</i>
<ul style="list-style-type: none"> ▪ The Place of Innovation - <i>How to create and co-create so that our work is our joy. Including Practical next steps</i>
<p>Integrating Systemic Constellation Work into Existing Practice – <i>What are the strengths, weaknesses, opportunities and challenges that need to be faced?</i></p>

Zoom Session 4

Sheila

- **Supervised Learning through Practice**

Module 4 (Bristol)

Gaye

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| ▪ Dissonance and the Art of Seeing Accurately - <i>How do we see what wants to be seen rather than what we wish to see?</i> |
| ▪ Walking on the Ground of Reality - <i>What are the opportunities and constraints implicit in our agreement with reality?</i> |
| ▪ Working with the Future - <i>An exploration of planned and emergent future and how to make space for the future in our work</i> |
| ▪ Closing Ritual and Celebration |

The Advanced Training

The CSC Advanced Training is a learning journey designed to take participants to the next threshold in their practice – whatever that might be. The journey is brand new, it is exploratory and creative, but crucially it is rooted in the settled place of the Conscience of the Greater Whole.

As Constellators we know that we are only helpful to others when we are at peace with ourself and our own trans-generational story. To work phenomenologically requires us to step beyond personal and systemic loyalties, and bear the guilt of that movement. We meet the past in constellations only in order to move beyond it, into the present and a new agreement with reality. This is a demanding journey that needs support.

Unlike the focus in both the Foundation and Applied Trainings, this teaching no longer looks back to the past generations for context, meaning and clarity, instead we attend to our capacity to remain present – consciously and, with the help of the field, we build this capacity. This is the place of inner freedom, the place of our true potential, and where we discover what we are really here to do.

This Advanced Training begins a journey with new teaching, deep personal enquiry, and the support and care of the teachers and our fellow journeymen there to help us. Together we will build confidence for practice, and also learn to be entrepreneurial with our confidence. We will create space for innovation, for what is calling us in our work, and we will explore new territory together.

An Important Point About the Course

This course is run as a learning group. However, the teaching material can sometimes be triggering of our own personal issues. Whilst every attempt is made to hold a safe, contained and nurturing learning environment, students are required to respect the Learning Contract of the group and recognise that this is not a therapy or process group where personal issues can be attended to.

If we feel that your personal issues are overwhelming in such a way that the learning of the group is affected, we reserve the right to ask you to leave the group. It may be possible to repeat any missed modules on a later course.

We do recommend that all students have some form of on-going support in place (such as therapy, supervision, mentoring, coaching or spiritual work) for the duration of the course. Please speak to your tutor should you need any help with this.

1:1 Personal Coaching & Peer Practice Groups

- ◆ This is a supported one year learning journey, combining 122 hours of advanced level new teaching (held face to face and online), plus practice, and personal development through self-exploration. The focus is the development of the facilitator stance from the perspective of the Conscience of the Greater Whole
- ◆ Included are 2 hours of 1:1 personal coaching/tutorials with the senior faculty. You will be given a tutor for the duration of the course. **Please note: We ask for at least three working days notice of cancellation for tutorials. If you do not give a full three working days notice, then you will forfeit your session.**
- ◆ A circle of ongoing support will be established through regular peer practice time which is organised by the group with additional faculty supervision sessions

Missed Modules

If you are unable to attend one of the modules, due to an unavoidable situation, such as sudden illness, bereavement or an agreement made before joining the training, it may be possible to pick up the missed teaching on the next Advanced course only. The re-take fee for a module is £120.

Food & Breaks at Face to Face Modules

There will be a break each morning for coffee and another in the afternoon for tea. A lunch break of usually around an hour will be timed for around 1pm.

- Tea, coffee, herb teas and biscuits are provided at all modules.
- You can either bring food with you for lunch, or you can visit one of the numerous cafes and restaurants nearby.

If you have any special requests for snacks, then please ask the Course Supports as they will be sure to bring what you need.

Additional Trauma Training

Although we always cover the topic of trauma in our trainings, there is never sufficient time to offer the depth of teaching and experience that we would prefer. We therefore strongly recommend that students on all of our trainings attend the additional trauma workshops that we put on. We particularly recommend Stefan Jovanovic and Sarah Peyton's workshops which will be included in our programme each year; with Stefan's workshops, please book early as places are limited. Understanding trauma and how to work with it, is an essential element needed when running safe groups and sessions. Due to the importance of these session we offer them to students at discounted rate.

Certificate of Attendance

At the end of the training you will be given a Certificate of Attendance, stating the exact number of hours you have attended the training.

Directions & Travel Information

Venue for Modules 1 & 4 in Bristol

Centre for Whole Health
12 Victoria Place
Bristol
BS3 3BP

Email: [Contact - The Centre for Whole Health](#)
Tel: 0117 923 1138

[Google maps](#)

Parking and local transport

The Centre for Whole Health on Victoria Place is located off British Road in the heart of Bedminster, just behind the main shopping area. As it is a small residential cul-de-sac, parking is only available for disabled car users.

There is unrestricted street parking in British Road and Braunton Road and a car park in Diamond Street. Another, less-frequented, car park is a few yards further away behind MacDonalds.

Please also see '[Just Park](#)' for other parking options

The area is also well serviced by a number of bus routes including the m1 Metrobus and Temple Meads station is about 1 mile away. Bus information can be found [here](https://www.firstgroup.com/bristol-bath-and-west/plan-journey/). (<https://www.firstgroup.com/bristol-bath-and-west/plan-journey/>)

Trains

If you book 2 weeks in advance you can get an off-peak return from London Paddington to Bristol Temple Meads for as low as £60 return.

The journey is 1 hour and 40 minutes.

Train travel from Birmingham to Bristol costs roughly the same and takes 1 hour 30.

Train information can be found [here](http://www.trainline.com) (www.trainline.com).

Megabus

Travel from London Victoria coach station to Bristol bus station costs as little as £13.00 return and takes 2 hours 20 minutes. More information can be found [here](http://uk.megabus.com). (uk.megabus.com)

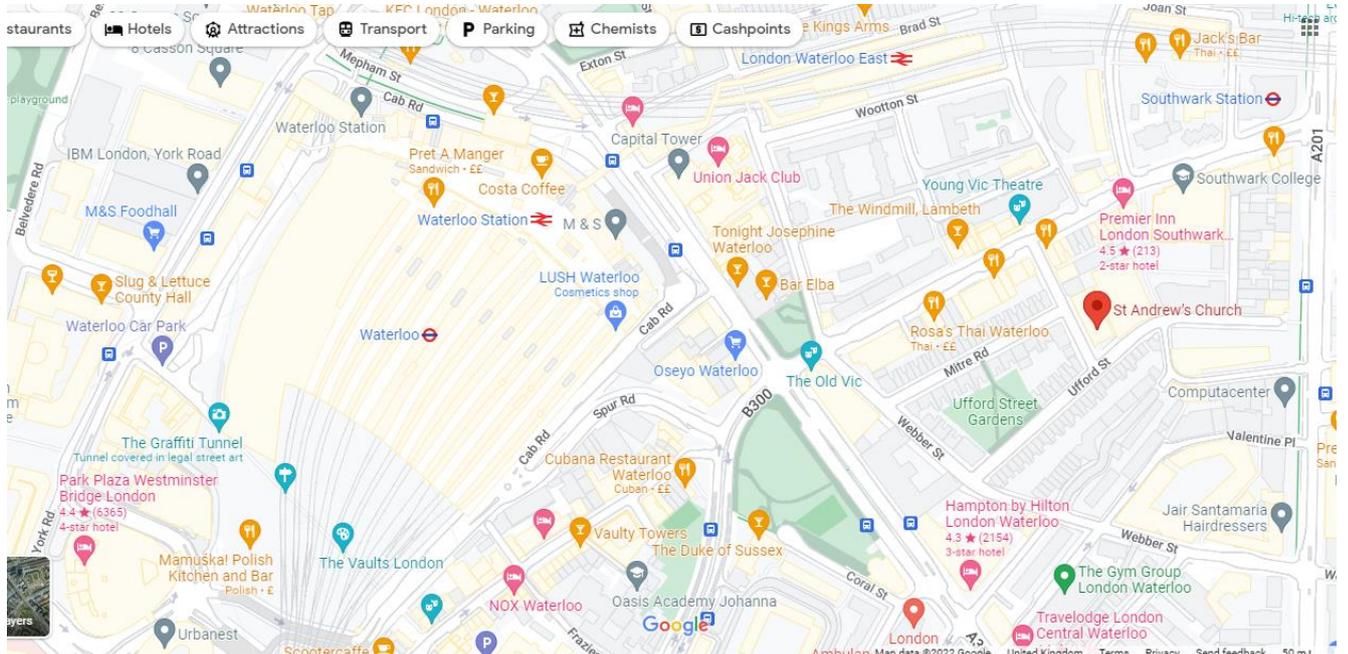
Accommodation Information

There are plenty of [hotel deals](#) to be found online.

If you need more information about travel and accommodation or travelling from an airport, please contact courses@thecsc.net.

Venue for Modules 2 & 3 in London

St Andrews Church – Short Street, London SE1 8LJ



Contact details

T: [020 7633 9819](tel:02076339819)

E: bookings@stjohnswaterloo.org

Directions & Travel

Click to see a [Map](#) of the area.

Public Transport

[Waterloo station](#) – this is the nearest train/bus station (a few minutes walk from the venue)

To plan your journey on public transport – [Journey Planner](#)

Accommodation Information

There are plenty of [hotel deals](#) to be found online.

If you need more information about travel and accommodation or travelling from an airport, please contact courses@thecsc.net.

Staying in Front

STAYING IN FRONT



From 'THE REALITY OF BEING' by JEANNE DE SALZMANN

Two kinds of movement share my Presence: a movement toward the source and a movement toward life.

I need to see and remember that I belong to two levels. I can become conscious only when I feel a reality that is higher than myself, when I recognize that without it I am nothing and have no force to resist being taken by identification. Then I can open to this reality and consciously receive its action, be nourished by it. But this requires an attitude that I cannot maintain. Always I return to the feeling of my ordinary "I," which does not understand that it must serve. This "I" is blind. It believes itself free and always returns to its slavery.

When I see my situation, I begin to understand this illusion of "I," which is fed by life force, and to feel the need for a new attitude toward myself. The initial effort is to free my attention from identification. But there is no solidarity, no stability. I need to find the effort that will allow the formation of a central core, a more stable centre of gravity of my attention.

In order for me to remain related to the two levels, my attention must be entirely mobilized and maintain in two directions at the same time. The power of divided energy is my power of attention.

An Image of Seven Generations of a Family

