

The Centre for Systemic Constellations Applied Training 2019

Putting Systemic Understanding into Practice

The Training

The CSC Applied Training in Systemic Family Constellations both follows and extends the learning journey of the Foundation year. This course enables participants to deepen their understanding of systemic philosophy, and develop the skills required to put theory into practice. This training is regarded as essential learning for those hoping to develop a career in Systemic Constellation Work, and will equip others with the skills needed to integrate a constellating methodology into the existing professional contexts in which they work, including forms of one-to-one practice.

Who is it for?

This course is for individuals who have completed the Foundation Training in systemic family constellations with CSC, or an equivalent training with another similarly oriented institution, and who wish to further develop their understanding of this perspective, and integrate it into their professional practice and personal life.

It is particularly relevant for professionals whose work brings them into contact with family and other social systems, for example:

- Therapists, counsellors, coaches, health and education professionals and those in related fields
- Social care professionals working with children and families, marginalized social groups and refugees
- Those working in the field of substance abuse and in the criminal justice system
- Alternative health practitioners and those working in other healing modalities
- Those working creatively and in the arts, particularly film and theatre work

As a method of working that seeks to find a place for every member of the system, this approach

can deepen other resolution-oriented perspectives and methodologies.

What will you learn?

This training follows on from the Foundation Training and significantly develops the knowledge and understanding of the theoretical principles that underpin practice. This course continues to emphasize the importance of experiential learning, and learning by doing, but also provides essential teaching on all aspects of social systems.

Whilst learning specific areas of practice, each module will also:

- Deepen your authority, presence and intention as a practitioner
- Expand your choice points before, during, and at the conclusion of client work
- Develop your sensitivity to the language and sentences of systemic constellation work
- Develop your capacity to work with movements and somatic information in both group and 1-1 contexts
- Develop a solution-focused outlook
- Provide further opportunities to constellate (with support) those issues that relate to your professional orientation

Faculty

The Applied Training is lead by Gaye Donaldson, Chris Williams and Judith Hemming.

Full biographies are available on the CSC website www.thecsc.net

Module Details

Module 1 Facilitator Capacity & Orientation – Enabling Systemic Work to Flow Within

- Supporting presence & being with ‘what is’
- Developing personal resonance
- Mindfulness, somatic sensing & sensitivity
- Tuning in to yourself, tuning in to the client
- Facing trauma

Module 2 Intimate Relationship Through the Systemic Lens

- Parents & children - the primary system
- Working with couples & same sex relationships
- The orders relating to blended families
- Bonding & bonding failures

Module 3 Development of Skill – Working with the Systemic Process Part 1

- Chair work – the systemic stance
- Seeing the solution that needs to be awoken
- The developmental vision
- Diagnosis – personal or systemic?
- Developing authority and trust

Module 4 Development of Skill – Working with the Systemic Process Part 2

- Setting up a Constellation – working with time & space
- Reading the work & appropriate intervention
- The journey from problem to solution
- The language of constellation
- Creating healing images & restoring respect
- When & how to stop, recognising a good ending

Module 5 When All Have a Place – What Inclusion Really Means

- Respect as an agreement with reality
- ‘The missing’ & their impact on a system
- Where do perpetrators belong in the system?
- Finding a place for the dead
- Culture, race, conflict & war
- Endings

Course Dates

The Applied Training 2019 includes 5 training modules in London. Each module is three days long and is run from Monday to Wednesday, except for module 3 which is Tuesday to Thursday.

Module 1 March 4 - 6, Monday - Wednesday

Facilitator Capacity & Orientation – Enabling Systemic Work to Flow Within

Module 2 April 29 - 1 May, Monday - Wednesday

Intimate Relationship Through the Systemic Lens

Module 3 June 25 - 27, Tuesday - Thursday

Development of Skill – Working with the Systemic Process Part 1

Module 4 September 18 - 20, Wednesday - Friday

Development of Skill – Working with the Systemic Process Part 2

Module 5 November 11 – 13, Monday – Wednesday

When All Have a Place – What Inclusion Really Means

Venue

The above modules will be held at:

The Skylight Centre, 49 Corsica Street, London N5 1JT

About the Applied Training

The Applied Training is a one-year course. In addition to the 5 training modules, you will also receive 2 tutorials (dates to be arranged individually) with your personal tutor. Students are also able to attend 2 faculty-led workshops as a representative during the course. A Certificate of Attendance will be issued to each student at the end of the training.

How to Apply for this Training

To book a place on the CSC Applied Training, please click on the green 'booking' button on the website, and follow the instructions. Payment of the deposit is required

to secure a place in the group. If you have not completed a Foundation Training with CSC then you will be asked to complete a short application form and may be asked to have an informal telephone interview with one of the faculty.

Cost

The full course fee is **£2,685**. A non-refundable deposit of **£450** is required to secure your place.

However, if you would like to take advantage of our early bird option, your course fee will be **£2,435** if we receive your deposit by **31st October 2018**.

Once the deposit is received, the remaining fee can be settled as a one-off payment before the first module, or in monthly installments. Please ask for details about the monthly installment payment plans available.

Please note: CSC is registered as a Not for Profit organisation, and does not therefore charge VAT on course fees.

Contact Information

For a course application or further information please contact
+ 44 7929 313 976 or email: courses@thecsc.net