

## Systemic Coaching with Constellations: *Introduction to the Essentials*

October 16-18, 2018

London, UK



### Purpose

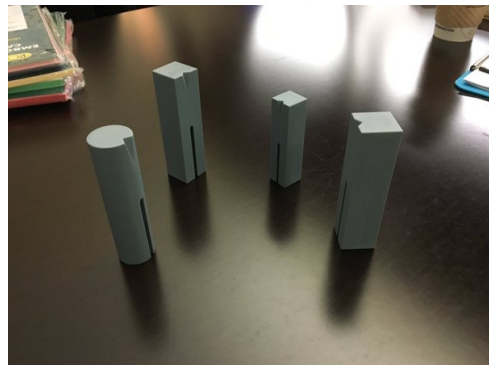
The purpose of this 3-day workshop is to introduce you to the essential principles, method and skills of Systemic Coaching and Constellations; it will help you begin to integrate this profound systemic lens - and some powerful tools - into your existing practice of coaching and catalysing others through change.

Systemic Coaching with Constellations has emerged over the last twenty years as a powerful, awareness-based "whole self/whole systems" method for seeing and transforming challenges in our personal and organisational lives. By creating maps of the whole system, constellations enable the invisible dynamics of even seemingly intractable situations to be revealed - and often resolved - quickly and effectively.

### Benefits: Developing Your Capacity

This programme grounds you in the core perspective and methods of Systemic Coaching with Constellations, and their application to 1-1 executive and team coaching and wider systems.

To help you integrate it into your existing practice, it focuses on resourcing you with simple, potent constellating tools that can help you diagnose issues, test solutions and discover new possibilities for generative action.



Specifically, you will develop or enhance your capacity to:

1. Understand the key principles, history and sources of this work, and the CLEAR™ method of Systemic Coaching & Constellations
2. Use CLEAR - and a constellating methodology - in both 1-1 coaching and team coaching contexts, as well as setting up simple Diagnostic Constellations of wider systems, so that you help yourself and your clients rapidly gain a systemic "overview" on the nature of their challenges
3. Map issues and systems in different ways (desktop-style or with floor markers and use of human representatives) so that you can work flexibly in different contexts
4. Draw from all '4 Ways of Knowing' – intuitive, emotional, embodied and intellectual Intelligence
5. Understand, both experientially and conceptually, the 'Hidden Orders' that shape systems, enabling organisational change and well-being
6. Find the most empowering 'place' in relation to the coachee (or team) and wider organisation, and understand what this approach requires of the coach in terms of 'stance', presence & capacity
7. Put all this together, so as to strengthen your capacity to coach and help others

There will be many opportunities to explore your own personal and organisational systems, both through exercises and demonstrations. *We will dive deep (but lightly), we will have fun and we will learn together!*

## Who is it for?

The programme is for:

1. executive coaches and change agents (external or internal)
2. leaders or managers in all sectors who are coaching or supporting others through transformation and change, and who wish to integrate a systemic perspective and methodology into their work
3. coaches who have completed related systemic programs, such as the ORSC™ training, who wish to deepen their constellating capacity and understanding of the thought framework behind this approach.

You will find it especially valuable if you are feeling stuck or stressed by seemingly intractable, complex problems with particular clients or systems, or you are keen to find a way of coaching others which draws more on your whole self (especially your presence, embodiment and intuition) as well as the systems of which you are a part.

The course will also likely challenge and expand how you see yourself and your work as a coach, change agent, or leader, while increasing your awareness of how organisations and people can flourish at a deeper level.



This 3-day *Introduction to the Essentials* programme is dual-certified by both a leading coaching body and a leading systemic training body specialising in this work. First, it is certified by the International Coaching Federation (ICF), for Continuing Coaching Education and 19.5 CCEUs.

Second, it is also certified by, and run in association with, the Centre for Systemic Constellations (UK), the UK's largest and oldest training body and faculty in this work, which runs trainings in Systemic Constellations worldwide.

Completion of this course enables entry to the longer 12-day *Practitioner Certification* part of our Systemic Coaching with Constellations Programme - known as COLPI - beginning in March 2019.

## Programme Details

Dates:	October 16-18, 2018
Time:	9-30am to 5-30pm
Venue:	St Ethelburga's, 78 Bishopsgate, London EC2N 4AG
Price:	£975+ VAT (Organisationally sponsored) £590 + VAT (Self-sponsored) Includes refreshments but not lunch. A few bursaries are available for people with limited income

## Registration

To book, go to our event page [here](#). For more information, please call Tricia Grace-Norton our Programme Manager on: +44 (0) 7796 488 722. Or email her at: [admin@wholepartnership.com](mailto:admin@wholepartnership.com)



## WHAT PEOPLE SAY

*“Excellent, superb even”*

Jason Nickels, Business Psychologist and Scrum Master, Intellectual Property Office (IPO)

*“Incredibly helpful...it’s a deeply insightful and revealing process, which you handle with great skill and sensitivity”*

Hugh Evans, Director of Executive Education, Henley Business School

*“You hold a fabulous teaching space around this work, and create a really powerful container for experiential learning and transformation... deeply supportive and inspiring. The work is profound and your leadership and experience do it real justice”.*

Joey Walters, Coach and Founder, Women at the Heart of Leadership

*“These programmes [Essentials and COLPI] provide much more than building skills in applying Systemic Coaching and Constellations in organisations, they opens doors and windows to unanticipated personal and professional vistas, achievements and breakthrough, led with skilful wisdom.”*

Robin Burgess, Executive Coach & Consultant, NHS Scotland Leadership Programme

## Programme Leaders



**Edward L. Rowland** is Founder of The Whole Partnership, a leadership consultancy and action research community that specialises in this way of working, and a senior executive and team coach. A leading British Systemic Coach and Constellations practitioner for both personal and organisational systems, he has delighted in co-pioneering this way of working in a leadership and work context for the last decade. He learned the work in the early 2000s from its 1st generation pioneers, notably Gunthard Weber and Judith Hemming (on the original COLPI programme). He then worked for the innovation consultancy nowhere group for 5 years.

With a background as a barrister, in creative industries and various psychological disciplines, he has over 16 years experience of helping leaders, teams and organisations in all sectors to unfold their unique potential and creativity. Clients have included VISA, Boston Consulting Group (BCG) and numerous UK Government Departments. He is also a Director of the Centre for Systemic Constellations (CSC), the UK training body, and he has worked at various business schools and universities including Said Oxford.



**Sarah Rozenhuler** is a chartered psychologist, author, leadership development consultant and coach who works closely with The Whole Partnership. A leading international figure in the area of multi-stakeholder dialogue, Sarah works at the cutting edge of psychology, systemic practice and organizational consulting to create transformative change for global leaders and their organisations. With a first-class degree in psychology and over 15 years experience as a coach and facilitator, Sarah helps groups of leaders to build trust, access their collective intelligence and co-create inspired solutions that strengthen the system as a whole.

Clients have included Standard Chartered, the World Bank and the BBC. She previously worked for DiAlogos and Bill Isaacs for 7 years, and also works at business schools including Said Oxford. As the author of “Life Changing Conversations”, Sarah’s pioneering work has been featured in numerous publications, including the Sunday Times, the Observer, the Huffington Post and Psychologies Magazine, as well as on the BBC.